



RIDER
INFORMATION
PACK

TOUR OF THE KINGDOM
SPORTIVE

SATURDAY 28TH MAY 2022



A very warm welcome from all here at DCC to our entrants for this years Tour of the Kingdom!

Dunfermline Cycling Club is one of Scotland's oldest clubs, with roots back to 1935. The club has a strong focus on social riding as well as a long and successful history in competition.

We're delighted you've chosen to take part in our sportive and enjoy some of the finest scenery the Kingdom has to offer. We're sure you'll have a fantastic day in the saddle!

This pack will provide you with all the information you need to make your day fun and just as important, safe!



Supporters of the Club



We're very grateful to Fife Council and Carnegie Trust for their support in allowing us to run the event from our home within Pittencrieff Park at the Cycle Hub (which we happily share with the famous Peacocks of the park!). It's a beautiful place to start and end the ride so please do enjoy the surroundings.



The Bike Shop Scotland are offering their services on the morning before you depart so why not get a quick bike check before you go. They also have gels available to purchase on the morning. TBS are located in Pitreavie Business Park if you want to pop in for a browse.



The superb 114th Fife (Linburn) Scouts Group will be offering hot food, snacks and hot/cold drinks on your return. Please remember to bring a little cash if you visit their stall! All proceeds are retained by the Scouts, contributing to their valuable work in the community.



Huge thanks to Stephens the Bakers Foundation for their generous donation of a selection of donuts. Stocks are limited so grab one whilst you can on the ride!

Parking



Arrival and Parking

Entrants should access the Park via Pittencrieff Street/A907.

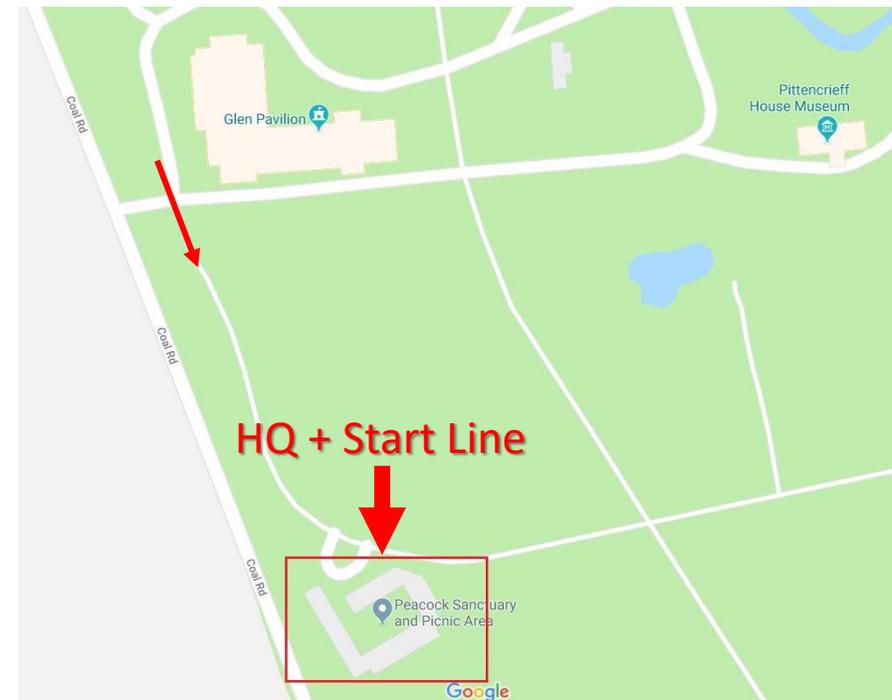
There are three distinct parking areas within the Park, the main area as you arrive, with further parking accessed by the gate on the far right and down the road by the side of the Park where there is parking ahead or behind the Pavilion area.

Do NOT park on any areas designated for Coaches.

This is a public car park so please be mindful there will be other users and please make maximum use of the space available. It will be busy on the day!

There will be marshals present to guide you and you must follow their instructions.

Registration



Registration is open from 6.45am and is located down the park path on the right hand side. Here you will find toilets and the sign in desk. This is also where the Start Line is located.

At sign in please show your ID and sign the Entry sheet, where you will then be issued with your numbers and timing chip for the day. The chip should be secured on your left or right front fork to ensure the timing mat picks it up. These must be returned on the finish line. The small number should be placed on front of your handlebars and large number pinned to your back.

After registration, why not check out The Bike Shop Scotland at Event HQ for any squeaks or niggles your steed may have!

Start Times



Riders must be ready to depart at least ten minutes before the official start times. You will be set off in groups of around 10 riders at short intervals

Black Route – 7.30am

Red Route – 8.00am

Green Route – 8.30am

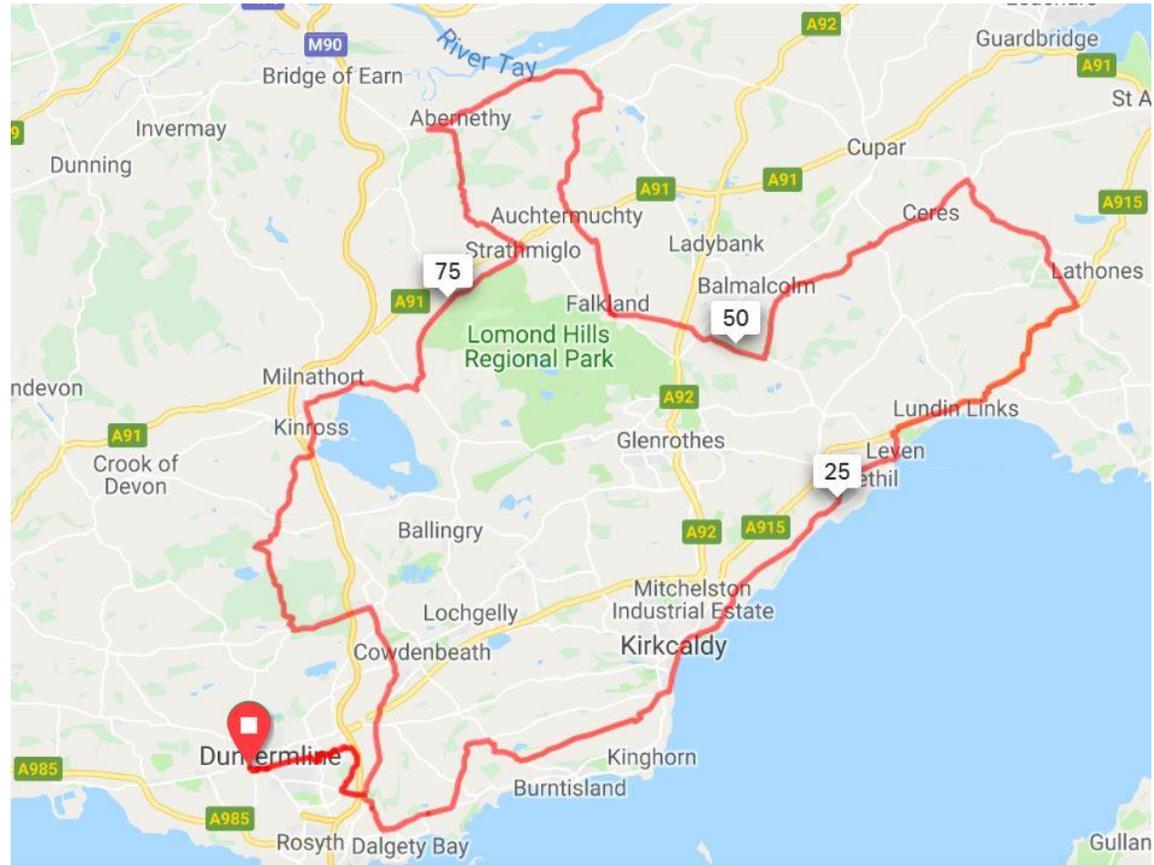
Please be sure to cross the timing mat to ensure your chip registers your start (and finish at the end!)

Please remember Pittencrieff Park is a public space and there may be members of the public including children and dog walkers on the path towards the exit. This is a shared space so please slow down or stop where required. Thanks.

The Basics

- Riders must adhere to the Highway Code and all rules of the road.
- Do not drop any gel wrappers or litter on the road, this isn't the Tour de France and none of us are Pro Riders! Keep it and bin it at the next stop.
- Be Polite! Respect your fellow riders, be clear with any 'shouts' or hand signals if riding with others.
- Be Nice! All of our staff are volunteers, we do this because we love the sport. They are there to keep you safe and help you have fun! We will not tolerate rude or aggressive behaviour which will result in removal from the event and a ban on future entry.
- Your equipment must be in a safe, rideable condition with functioning brakes.
- Helmets **MUST** be worn. No discussion will be entered into on this point, not even if you hold your breath, stamp your feet or refuse to eat your pudding.
- Whilst we offer mechanical support at the start and food stops along the way, you must be self sufficient. We recommend carrying cash, card and mobile phone in an emergency. We strongly recommend you have the ability to repair a puncture and carry spare tubes and other tools (or have deep pockets for a taxi back!).
- The roads have seen a harsh winter and the road authorities advise some areas are in poor condition so keep an eye on the road ahead for potholes.
- **There are some steep descents on the course. Be alert, use caution and moderate your speed accordingly.**
- **Make sure that you know the route! Whilst the route will be clearly signed throughout, we can't take responsibility for signs that are removed or tampered with after we put them up (although very rare, sadly it happens). It is your responsibility to navigate the course successfully and safely. We strongly recommend downloading the GPX files from the links provided or print the directions out and carry a copy if need be.**
- In a real emergency call 999 if appropriate. The organiser can also be reached on 07850535808

The Routes - Black



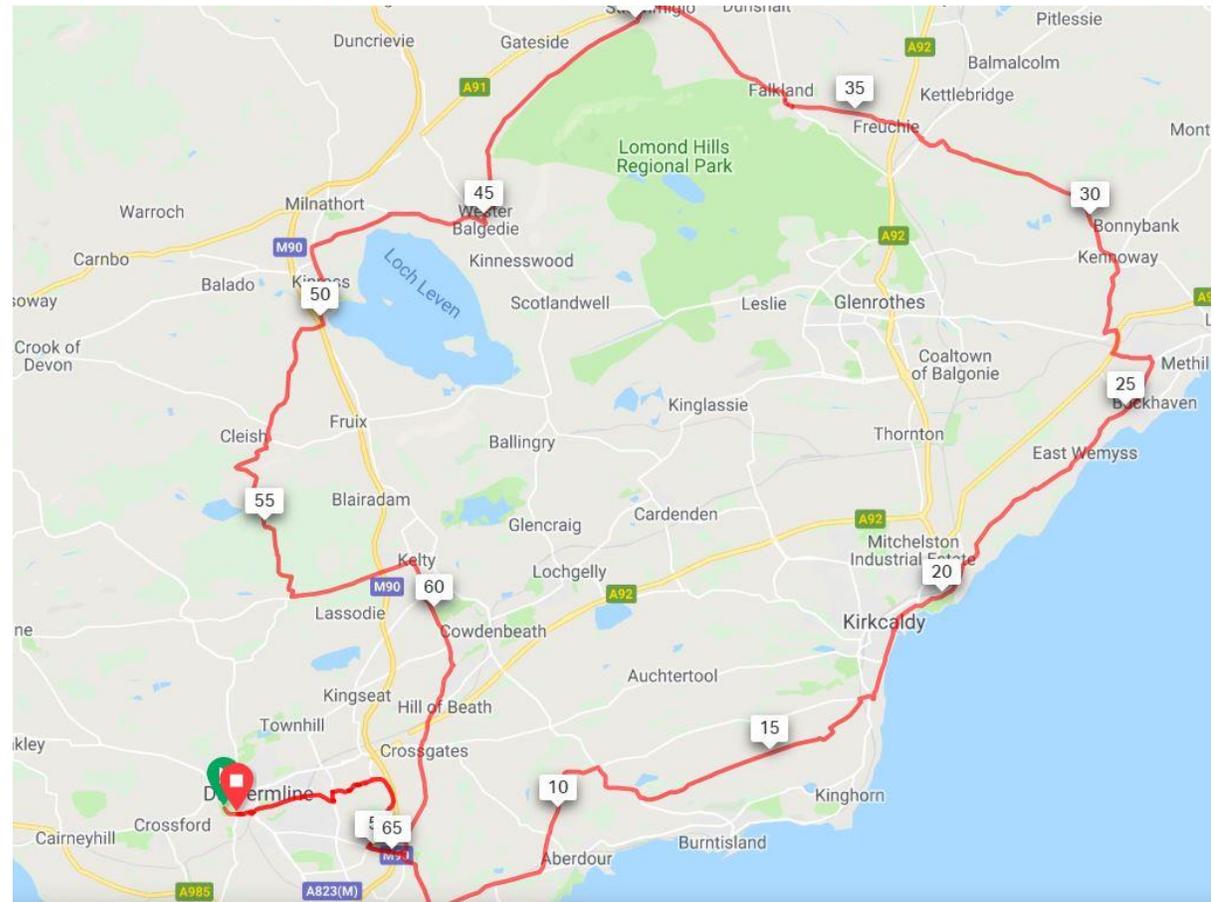
103 miles

Climbing - 5,450 ft

Start time: 7:30am

<https://ridewithgps.com/routes/29323223>

The Routes - Red



70 Miles

Climbing - 3494 ft

Start time: 8.00am

<https://ridewithgps.com/routes/29325989>

The Routes - Green



33 Miles

Climbing - 1737 ft

Start time: 8:30am

<https://ridewithgps.com/routes/29012221>

The Routes - Splits



All of the routes share some of the same roads part of the time. The routes split at the following points –

Junction of Jawbanes Road and Inveriel Road, Kirkcaldy

Green Route Riders turn LEFT, heading West.

Red/Black Route Riders turn RIGHT, heading North East

Roundabout at junction of Methilhaven Road (A955) and Sea Road (B932)

Red Route Riders turn LEFT

Black Route Riders carry STRAIGHT ON

Y Junction at Falkland Main Street/A912

Black Riders bear RIGHT on Main Street towards Auchtermuchty

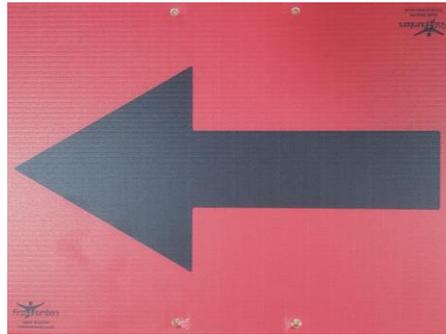
Red Riders bear LEFT onto A912 towards Strathmiglo

Marshals will be at those points but do not rely on them to direct you (seriously, I've been on a ride with these folk!). It's your responsibility to know what route you are on and which turn to take.

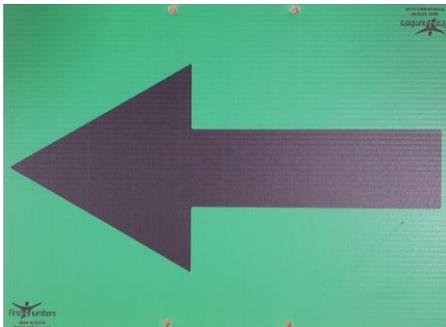
The Routes - Signs



These are the main signs for the route and will be positioned at all turning points.



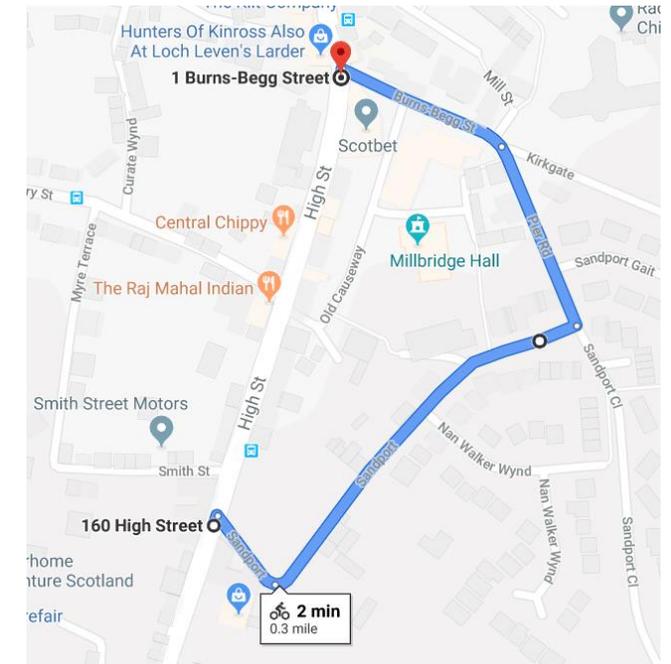
These are the signs to indicate the splits for Red Route Riders. These will be positioned at Methil and Falkland.



These are the signs to indicate the split for Green Route Riders. These will be positioned at the junction of Inveriel Road /Jawbanes Road.

Please do not rely solely on the signs, review the route on RidewithGPS and/or download GPX files to your phone or bike computer. These signs are put up the night before but are susceptible to removal/alteration by unknown parties (unfortunately not everyone shares our love of the sport!)

The Routes Red & Black - Kinross High Street Farmers Market



This regular event is being held on the same day as the Sportive and as a result, the High Street is closed to traffic for a very short section from Burns Begg Street to Montgomery Street . As our route travels through Kinross you have two options –

1. Dismount and walk your bike through the short closure (130yds)
2. If you wish to cycle, follow the Market diversion signs and travel via Burns Begg Street>Pier Road>Sandport. This will only add a 100 yds or so and is included in the GPX file.

Please **do not cycle** through the market, the area will be busy with shoppers and we wish to keep our good relationship with the local community. Thanks for your co-operation.

Photography

Thomas
Haywood
AERIAL PHOTOGRAPHY



Smile, wave or put your best grrrrr face on whilst our event photographer capture your efforts.

Photos will be available after the event and we'll release details on how to view and download these as soon as we know.

All photos are included in your entry fee!

Green Food Stop



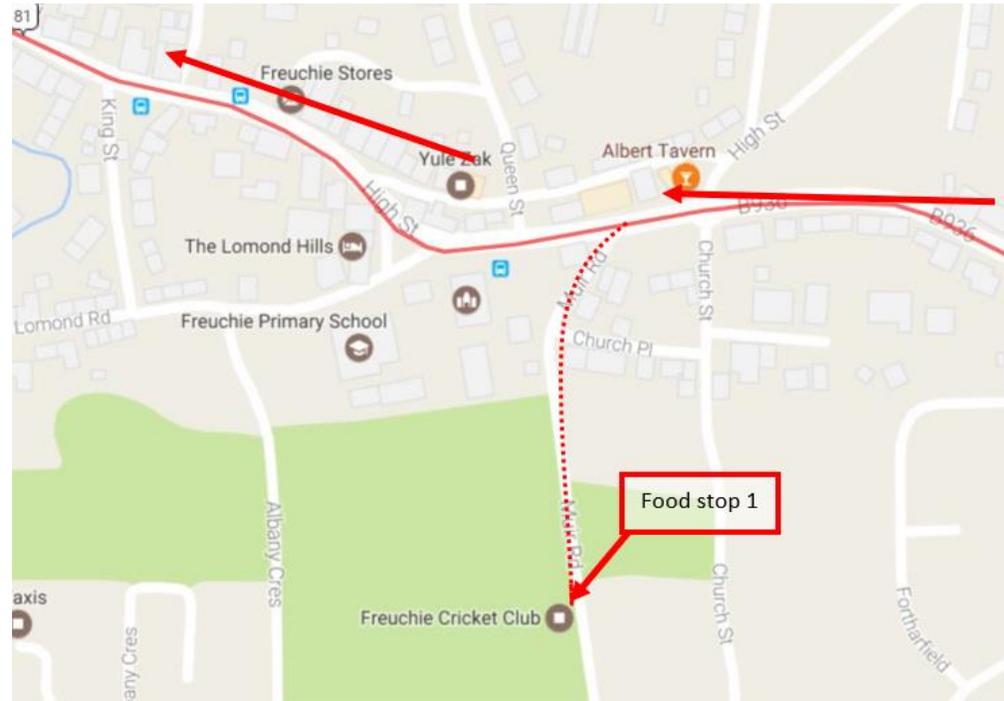
Food and Drink stops are available at the following locations and times –

Primarily intended for the Green Route – Inveriel Road (9am – 10.15am)

Riders are expected to maintain a minimum average speed of 12mph to reach food stations during opening times (or a maximum of 20mph but we reckon you probably wouldn't stop if you were going that fast!)

Do not rely solely on food provided at these stops. You should always carry some form of sustenance with you on your ride. Avoid the bonk!

Black/Red Food Stop 1



Red/Black – Freuchie Cricket Club (9.30am – 12.30pm)

The Freuchie stop is the main Feed station of the day. You will need to depart the route slightly to enter it as marked in the map above.

Riders are expected to maintain a minimum average speed of 12mph to reach food stations during opening times (or a maximum of 20mph but we reckon you probably wouldn't stop if you were going that fast!)

Do not rely solely on food provided at these stops. You should always carry some form of sustenance with you on your ride. Avoid the bonk!

Black/Red Food Stop 2



Red/Black - Burleigh Car Park (10.15am – 2.15pm)

The Burleigh stop is a mobile stop located in the small car park on the left.

Riders are expected to maintain a minimum average speed of 12mph to reach food stations during opening times (or a maximum of 20mph but we reckon you probably wouldn't stop if you were going that fast!)

Do not rely solely on food provided at these stops. You should always carry some form of sustenance with you on your ride. Avoid the bonk!

Finish Line



Okay, so our finish might be a bit more sedate than these guys but...

Please remember Pittencrieff Park is a public space and there may be members of the public including children and dog walkers on the path within the park on your return. This is a shared space so please slow down or stop where required.

Make sure you cross the timing mat to register your time and let us remove your timing chip then after that...

Collect your free Tour of the Kingdom Bottle (every expense spared in production!)

Pat yourselves on the back, buy some food from the Scouts, share stories, laugh and make merry (who knows, the sun might even be out just to top it off!)

A final word...

Thanks once again for taking part in our event. The funds raised in staging the sportive provide the club with a much-needed boost to the coffers.

This really does keep us going, providing advice, organising rides, races, coaching, developing younger riders and providing a place for like minded folk to talk about bikes.

We believe in our commitment to be a positive part of the community and your participation helps us do just that.

Thank you.

- Dunfermline Cycling Club.



www.dunfermlinecc.com